

ID: _____

DATE: ___/___/___

Harter Social Support Scale - Children

AGE: ___

MALE: 1 FEMALE: 2

INSTRUCTIONS

We have some sentences here and, as you can see from the top of your sheet where it says "People in My Life," we are interested in several kinds of people in your life. This is a survey, *not* a test. **There are no right or wrong answers, since kids are very different from one another.**

First let me explain how these sentences work. There is a sample sentence at the top, in a box marked "SAMPLE". I'll read it out loud and you follow along with me. (Examiner reads the sample.) This sentence talks about two kinds of kids, and we want to know which kids are most like *you*. There are two steps before you mark your answer.

- (1) You must first decide whether *you* are more like the kids on the left side (who would rather do fun things with a lot of other people), or whether you are like the kids on the right (who would rather do fun things with just a few people). Don't mark anything yet, but first decide which kinds of kid is *most like you*, and go to that side of the sentence.
- (2) The *second* thing I want you to think about, now that you have decided which kind of kids are most like you, is to decide whether that is only *sort of true for you*, or *really true for you*. If it's only sort of true, then circle the number under "sort of true"; if it's really true for you, then circle the number under "really true."

For each sentence you should circle only one of the four numbers. Sometimes it will be on one side of the page, other times it will be on the other side of the page, but you can only circle *one number* for each sentence. You *don't* circle a number on both sides, just on the *one* side which is most like you.

OK, that one was just for practice. Now we have more sentences which I'm going to read out loud. For each one, just circle one number, the one that goes with what is true for you, what you are most like.

Susan Harter, Ph.D., University of Denver, 1985

PEOPLE IN MY LIFE

Really True
for me

Sort of True
for me

Sort of True
for me

Really True
for me

For each sentence you should circle only **one** of the four numbers. Sometimes it will be on one side of the page, other times it will be on the other side of the page, but you can only circle *one number* for each sentence. **You *don't* circle a number on both sides, just on the *one* side which is most like you.**

	SAMPLE:		SAMPLE SENTENCE			
	1	2	Some kids like to do fun things with a lot of other people	BUT	Other kids like to do fun things with just a few people.	3 4
1)	1	2	Some kids have parents who <i>don't</i> really <i>understand</i> them	BUT	Other kids have parents who really <i>do</i> understand them.	3 4
2)	1	2	Some kids have classmates who like them the way they are	BUT	Other kids have classmates who wish they were <i>different</i> .	3 4
3)	1	2	Some kids have a teacher who <i>helps</i> them if they are <i>upset</i> and have a problem	BUT	Other kids <i>don't</i> have a teacher who helps them if they are upset and have a problem.	3 4
4)	1	2	Some kids have a close friend who they can tell their <i>problems</i> to	BUT	Other kids <i>don't</i> have a close friend who they can tell their problems to.	3 4
5)	1	2	Some kids have parents who <i>don't</i> seem to want to hear about their children's problems	BUT	Other kids have parents who <i>do</i> want to <i>listen</i> to their children's problems.	3 4
6)	1	2	Some kids have classmates that they can become friends with	BUT	Other kids <i>don't</i> have classmates that they can become friends with.	3 4
7)	1	2	Some kids <i>don't</i> have a teacher who <i>helps</i> them <i>to do</i> their very best	BUT	Other kids <i>do</i> have a teacher who <i>helps</i> them to do their very best.	3 4

	<u>Really True for me</u>	<u>Sort of True for me</u>			<u>Sort of True for me</u>	<u>Really True for me</u>
8)	1	2	Some kids have a close friend who really understands them	BUT	Other kids <i>don't</i> have a close friend who understands them.	3 4
9)	1	2	Some kids have parents who <i>care</i> about their feelings	BUT	Other kids have parents who <i>don't</i> seem to care very much about their children's feelings.	3 4
10)	1	2	Some kids have classmates who sometimes make fun of them	BUT	Other kids <i>don't</i> have classmates who make fun of them.	3 4
11)	1	2	Some kids <i>do</i> have a teacher who <i>cares</i> about them	BUT	Other kids <i>don't</i> have a teacher who cares about them.	3 4
12)	1	2	Some kids have a close friend who they can talk to about things that bother them	BUT	Other kids <i>don't</i> have a close friend who they can talk to about things that bother them.	3 4
13)	1	2	Some kids have parents who treat their children like a <i>person</i> who really matters	BUT	Other kids have parents who <i>don't</i> usually treat their children like a person who matters.	3 4
14)	1	2	Some kids have classmates who pay attention to what they say	BUT	Other kids have classmates who usually don't pay attention to what they say.	3 4
15)	1	2	Some kids <i>don't</i> have a teacher who is <i>fair</i> to them	BUT	Other kids <i>do</i> have a teacher who is fair to them.	3 4
16)	1	2	Some kids <i>don't</i> have a close friend who they like to spend time with	BUT	Other kids <i>do</i> have a close friend who they like to spend time with.	3 4
17)	1	2	Some kids have parents who like them the <i>way they are</i>	BUT	Other kids have parents who wish their children were <i>different</i> .	3 4
18)	1	2	Some kids <i>don't</i> get asked to play in games with	BUT	Other kids <i>often</i> get asked to play in games	3 4

classmates very often

by their classmates.

	<u>Really True for me</u>	<u>Sort of True for me</u>			<u>Sort of True for me</u>	<u>Really True for me</u>	
19)	1	2	Some kids <i>don't</i> have a teacher who cares if they feel bad	BUT	Other kids <i>do</i> have a teacher who cares if they feel bad.	3	4
20)	1	2	Some kids <i>don't</i> have a close friend who really <i>listens</i> to what they say	BUT	Other kids <i>do</i> have a close friend who really listens to what they say.	3	4
21)	1	2	Some kids have parents who <i>don't</i> act like what their children do is <i>important</i>	BUT	Other kids have parents who <i>do</i> act like what their children do is important.	3	4
22)	1	2	Some kids often spend recess being <i>alone</i>	BUT	Other kids spend recess playing with their classmates.	3	4
23)	1	2	Some kids have a teacher who treats them like a <i>person</i>	BUT	Other kids <i>don't</i> have a teacher who treats them like a person.	3	4
24)	1	2	Some kids <i>don't</i> have a close friend who cares about their feelings	BUT	Other kids <i>do</i> have a close friend who cares about their feelings.	3	4

Susan Harter, Ph.D., University of Denver, 1985